

Cycling NZ for Polio Plus



Date	Origin and Destination	Distance	Rotary Clubs
24-Nov	Cape Reinga to Lake Waiparera	87	
25-Nov	Lake Waiparera to Whangaroa	80.7	The Rotary Club of Kaitaia
26-Nov	Whangaroa to Paihia	61	Waipapa, Kerikeri, Bay of Islands
27-Nov	REST DAY		
28-Nov	Paihia to Whangarei	69.8	Whangarei City, Whangarei, Whangarei Sunrise, Whangarei South
29-Nov	Whangarei to Mangawhai Heads	65.5	
30-Nov	Mangawhai to Whangaparaoa	83.4	Warkworth, Whangaparaoa, Orewa
1-Dec	Whangaparaoa to Auckland loop	69.5	Brown's Bay, East Coast Bays, Milford, Takapuna North, North Harbour, Takapuna, Devonport, Downtown Auckland, Auckland, Mt Eden, Remuera, Penrose, Auckland East, Parnell, Newmarket, Ellerslie Sunrise, St Johns, Auckland Harbourside,
2-Dec	REST DAY and Ferry to Coromandel		

3-Dec	Coromandel to Tairua	84.1	
4-Dec	Tairua to Katikati	89.1	Waihi, Katikati
5-Dec	Katikati to Te Puke	59.7	Tauranga, Tauranga Sunrise, Otumoetai, Tauranga Te Papa, Mt Maunganui, Papamoa, Te Puke
6-Dec	Te Puke to Whakatane	66	Whakatane West, Whakatane,
7-Dec	Whakatane to Opotiki	45	Opotiki
8-Dec	Opotiki to Te Kopua	73.9	
9-Dec	Te Kopua to Hicks Bay	72.5	
10-Dec	Hicks Bay to Tokomaru Bay	91	
11-Dec	Tokomaru Bay to Gisborne	90.2	
12-Dec	REST DAY		Gisborne
13-Dec	Gisborne to Wairoa	99.6	Wairoa
14-Dec	Wairoa to Lake Tutira	77	
15-Dec	Lake Tutira to Napier-1/2 rest day	41.1	
16-Dec	REST DAY		Ahuriri Sunrise, Ahuriri, Napier
17-Dec	Napier to Waipukurau	71.2	Taradale, Greenmeadows, Stortford Lodge - Hastings, Hastings Karamu, Hastings, Waipukurau
18-Dec	Waipukurau to Pahiatua	96.5	Dannevirke, Woodville, Pahiatua
19-Dec	Pahiatua to Greytown	87.7	Masterton South, Masterton, Carterton, South Wairarapa

20-Dec	Greytown to Eastbourne	73.6	Upper Hutt, Heretaunga, Stokes Valley, Eastern Hutt, Western Hutt, Hutt Valley, Hutt City, Pencarrow
21-Dec	Wellington Circuit	42.8	Petone, Wellington North, Wellington Central, Wellington, Mt Victoria, Wellington South, Courtenay Place, Wellington Harbour City, Port Nicholson
22-Dec	Ferry 10:25, Picton to Canvastown	46.6	Picton
23-Dec	Canvastown to Nelson	63.7	Nelson West, Rutherford Nelson, Nelson, Whakatu, Stoke-Tahunanui,
24-Dec	REST CHRISTMAS DAY		Nelson
25-Dec	Nelson to Kawatiri	90.8	
26-Dec	Kawatiri to Lyell	69.3	
27-Dec	Lyell to Westport	63.1	Westport
28-Dec	REST DAY		
29-Dec	Westport to Greymouth	102	
30-Dec	Greymouth to Harihari	109	Greymouth, Hokitika
31-Dec	Harihari to Franz Josef	62.6	
1-Jan	REST DAY		
2-Jan	Franz Josef to Lake Paringa	92.4	
3-Jan	Lake Paringa to Pleasant Flat	96.7	
4-Jan	Pleasant Flat to Wanaka	96.6	
5-Jan	REST DAY		Wanaka

6-Jan	Wanaka to Queenstown	67.9	Queenstown
7-Jan	Queenstown to Athol	75.6	
8-Jan	Athol to Te Anau	95.8	Fiordland
9-Jan	Te Anau to Lake Fergus	81.5	
10-Jan	Lake Fergus to Milford Sound	35.6	
11-Jan	Milford Sound to Knobs Flat	54.6	
12-Jan	Knobs Flat to Te Anau	62.3	
13-Jan	REST DAY		Te Anau
14-Jan	Te Anau to Tuatapere	100	
15-Jan	Tuatapere to Invercargill	86.7	Invercargill Sunrise, Invercargill North, Invercargill South, Invercargill
16-Jan	Invercargill to Bluff! Ferry to S.I	27.3	
Total		3358	